

EXPLORE

FOR THE ADVENTUROUS SOUL

NATIONAL TRUST

Anglesey Abbey

Newmarket

A sporting playground for royalty

ENGLISH HERITAGE

Audley End House

Thetford Forest

A patchwork of pines

Lyveden

Explore tranquil moats



OPULENCE AS STANDARD

Rangeford Villages create stunning homes exclusively for the over 60s, set within exciting and contemporary communities. With an abundance of lifestyle and wellbeing activities, along with exceptional support and care services if needed, our villages are an idyllic setting to live life to the full.

We're really lucky to live in this part of the world. There are so many interesting and beautiful places to see. And being next to the stunning countryside of Magog Down and Wandlebury Country Park, along with the quintessentially British city of Cambridge, it's the perfect base to immerse yourself in your surroundings.

From charming villages and bustling towns to museums and historic buildings. Not forgetting an abundance of gardens, parks, stately homes and castles. We're spoilt for choice!

We've put this handy guide together so you can see what's in your local area and further afield. We hope you find it useful in planning your days out and discovering new places to visit.

*The Strawberry
Fields Team*

Timings are approximate driving times from Strawberry Fields.

WITHIN 30 MINUTES



1 MAGOG DOWN, 5 MINS

On the flat landscape of Cambridgeshire, the Gog Magog Hills appear as mountains. Folklore says that the hills exist because it's the final resting place of the last giant in England. Explore the chalk hills and vast open meadows, or head to the highest point on Little Trees Hill for tremendous views.

 www.magogtrust.org.uk



2 WANDLEBURY COUNTRY PARK, 5 MINS

A beautiful countryside estate offering miles of wonderful walks through woodland and wildflower meadows grazed by Highland Cattle. Discover the remains of a circular Iron Age Hillfort that's steeped in myth and legend.

 www.cambridgeppf.org - search 'Wandlebury Country Park'

Photo credit: Cambridge Past, Present & Future

3 STAPLEFORD GRANARY ARTS CENTRE, 5 MINS

A beautifully converted 19th century farm complex, with a year-round programme of the finest classical, jazz and folk music, children's theatre, outdoor concerts and more. Discover exhibitions from graduate shows to established artists, or relax in the Granary's much-loved cafe, nestled in the heart of this award-winning historical site.



 www.staplefordgranary.org.uk

Photo credit: ©Calum Barlow



4 BEECHWOODS NATURE RESERVE, 5 MINS

A small yet impressive wood of majestic mature beeches, originally planted in the 1840s. Perfect for a stroll or to experience a quiet moment of calm.

 www.wildlifebcn.org - search 'Beechwoods'



5 CHERRY HINTON CHALK PITS, 5 MINS

Two former chalk quarries that once provided hard chalk to build Cambridge University colleges and lime for cement. Today they support a variety of habitats that harbour some rare plants and insects.

 www.wildlifebcn.org
- search 'Cherry Hinton Chalk Pits'



6 CHERRY HINTON HALL PARK, 10 MINS

A Grade II listed Victorian country house set in a beautiful, public park. It's well-known for hosting the annual Cambridge Folk Festival, which attracts thousands of visitors. Enjoy the wide-open grass spaces, large ponds, wildlife, children's play park and paddling pool.

 www.cherryhintonhall.com

7 CAMBRIDGE, 15 MINS

This quintessentially British city has inspired academics, philosophers, historians and economists throughout history, from John Milton to Charles Darwin and Stephen Hawking. Let it inspire you too, with its grand college buildings, medieval churches, museums, galleries, gardens and parks, as well as punting on the River Cam along The Backs. Discover a mix of traditional and contemporary pubs and restaurants; a variety of well-known high street brands and independent shops, chic boutiques and friendly markets; a vibrant music and theatre scene; and festivals throughout the year.





8 CAMBRIDGESHIRE WINE SCHOOL, 15 MINS

Offering a variety of wine tasting, wine courses and also hosting the Cambridge Wine Fair, where you can sample a huge selection of wines from the best wine merchants in and around Cambridge.

www.localwineschool.com/cambridge

9 CAMBRIDGE UNIVERSITY BOTANIC GARDEN, 15 MINS

This heritage-listed oasis in the heart of Cambridge was originally conceived by Charles Darwin's mentor and teacher, Professor John Henslow. Featuring over 8,000 species from all over the world, displayed within 40 acres of beautifully landscaped gardens and a Glasshouse Range.

www.botanic.cam.ac.uk



10 IMPERIAL WAR MUSEUM DUXFORD, 15 MINS

Visit the Imperial War Museum to see historic aircraft take to the skies from the airfield where Spitfires first flew. Get up close to gigantic aircraft at Europe's largest air museum and hear the stories from the men and women who served at Duxford, from the Battle of Britain to the Cold War. The American Air Museum can also be found here.


www.iwm.org.uk





11 LINTON ZOO, 15 MINS

An impressive, exotic zoo covering 18 acres – it is as committed now to conservation as it was in 1972. Animals include African lions, tigers, snow leopards, zebras, kangaroos, lemurs, macaws, owls, tortoise, snakes, lizards and tarantulas.

 www.lintonzoo.com

12 GRANTCHESTER, 20 MINS

A quaint village beside the River Cam, home to thatched cottages, a medieval church, and several pubs. It is where ITV's period drama Grantchester is filmed. Grantchester Meadows is popular for wild swimming, as famous poet Lord Byron once did (Byron's Pool Local Nature Reserve and Trumpington Meadows Country Park can also be found just up the road).



13 CAMBRIDGE GIN DISTILLERY, 15 MINS

Nestled just yards from the River Cam and Grantchester Meadows, which serves as the botanical cabinet of fruits, blossoms and flowers from which some of the gins are created. Book on to one of their classes either at the Distillery or at the Laboratory in the centre of Cambridge to enjoy a fabulous gin experience.

www.cambridgedistillery.co.uk



NATIONAL
TRUST

14 ANGLESEY ABBEY, GARDENS AND LODE MILL, 20 MINS

A Jacobean-style house full of rich history – from a monastic priory to a 20th century home. Discover the beautiful gardens and a working 18th century water mill.

www.nationaltrust.org.uk - search 'Anglesey Abbey'

Photo credit: ©National Trust Images/Robert Morris



15 BOTTISHAM AIRFIELD MUSEUM, 20 MINS

Opened in 2009 to commemorate the role of the airfield in World War II. It is the only UK museum dedicated to the Royal Air Force, United States 8th Army Air Force and Belgian Air Forces.

www.bottishamairfieldmuseum.org.uk

Photo credit: Bottisham Airfield Museum





16 RSPB FOWLMERE, 20 MINS

A wildlife oasis whose former watercress beds are now reedbed, fen, chalk grasslands and scrub. There's also a small, but fine example, of a chalk stream – one of the UK's rarest habitats.

www.rspb.org.uk - search 'Fowlmere'

17 DOCWRA'S MANOR GARDEN, 20 MINS

An old farmyard converted into a series of enclosures and themed areas, such as the paved courtyard with pool, walled garden and main lawn with temple, a semi-wild garden and a winter garden. Visit Crossing House Garden while in Shepreth village too.

www.docwrasmanorgarden.co.uk



18 SHEPRETH WILDLIFE PARK, 20 MINS

Opened in 1984 as a refuge for injured and orphaned animals, it is now one of East Anglia's major attractions participating in endangered breeding programmes with over 100 species, keeper talks and demonstrations throughout the day.

www.sheprethwildlifepark.co.uk



19 AUDLEY END HOUSE AND GARDENS, 20 MINS

ENGLISH
HERITAGE


Discover what life was like above and below the stairs at one of England's grandest and most opulent Jacobean mansions. Admire the glorious gardens designed by 'Capability' Brown, including the beautifully restored parterre and organic kitchen gardens.

 www.english-heritage.org.uk - search 'Audley End House and Gardens'



20 AUDLEY END MINIATURE RAILWAY, 20 MINS

A great place to take young grandchildren where you can enjoy an enchanting miniature train ride through estate woodland, wonder along the magical fairy and elf trail, and explore the playground and nature corner.

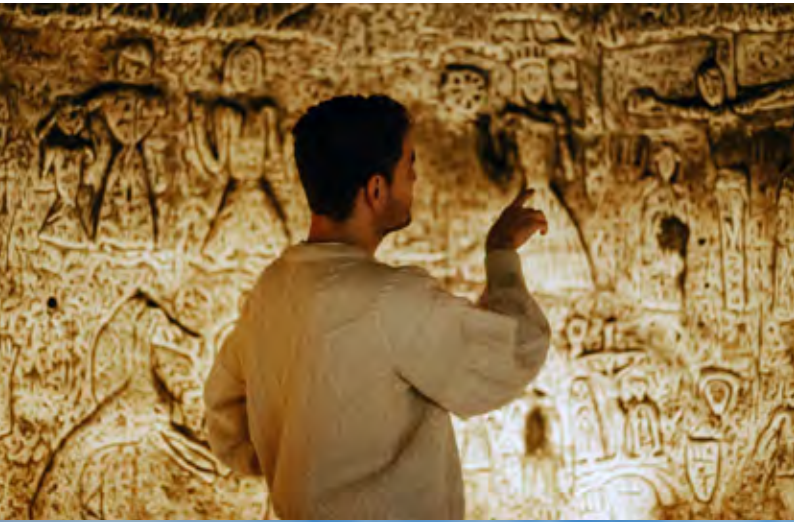
 www.audley-end-railway.co.uk



21 BRIDGE END GARDEN, 20 MINS

A restored Victorian Grade II listed garden made up of a series of smaller interconnecting gardens, including the Dutch Garden and a mature hedge maze.

 www.bridgeendgarden.co.uk



22 ROYSTON CAVE, 25 MINS

Discovered by accident in 1742, Royston Cave has continued to baffle visitors since. No records of its age or purpose exist – some theories suggest it was used by the Knights Templar, others by King James I and the Freemasons. Discover the cave's extensive carvings and learn about its secret past.

 www.roystoncave.co.uk

23 WIMPOLE ESTATE, 25 MINS

NATIONAL
TRUST

From Iron-age roundhouses to a modern estate, this site has been lived on and farmed for over 2,000 years. Discover the impressive 17th century hall, spacious parkland and beautifully cultivated gardens.

 www.nationaltrust.org.uk - search 'Wimpole'



24 NEWMARKET, 25 MINS

Once the sporting playground for royalty Newmarket is now home to over 3,000 horses and boasts two racecourses hosting countless race days. In the town you'll also find an impressive Clock Tower, the National Horse Racing Museum and the National Stud, along with plenty of boutique shops for some retail therapy.





25 CHIPPENHAM PARK GARDENS, 30 MINS

A thriving 17th century family estate with award-winning gardens, lakes, canals and parkland. Visit in late winter to see swathes of snowdrops and aconites, or come for a spring show of daffodils, hellebores, spring bulbs and blossoms.

 www.chippenhamparkgardens.info

26 THE HEMINGFORDS, 30 MINS


Hemingford Abbots and Hemingford Grey are two charming, picturesque villages located on the River Ouse just outside the bustling market town of St Ives. Enjoy a peaceful walk through the conservation area with pretty thatched cottages, medieval manor houses, churches and many listed buildings.



27 WICKEN FEN NATURE RESERVE, 35 MINS

NATIONAL
TRUST

One of Europe's most important wetlands, supporting more than 9,000 species of wildlife, including a spectacular array of plants, birds, dragonflies, as well as grazing Konik ponies..

 www.nationaltrust.org.uk – search 'Wicken Fen'



28 WEST STOW ANGLO-SAXON VILLAGE & COUNTRY PARK, 35 MINS

The site of an early Anglo-Saxon village occupied from 420-650 AD – over 400 years before the Norman Conquest. It is now home to extensive indoor galleries and a stunning recreation of an Anglo-Saxon village surrounded by 125 acres of unspoilt countryside.

 www.weststow.org

Photo credit: ©Geoff Price



29 THETFORD FOREST, 35 MINS

Enjoy a walk through the UK's largest man-made lowland forest, covering over 18,000 hectares. Discover a patchwork of pines, heathland and broadleaves providing a welcome refuge for a rich variety of animal and plant life. The Neolithic flint mine 'Grimes Graves' can also be found here.

 www.forestryengland.uk/thetford-forest

NATIONAL
TRUST**30** HATFIELD
FOREST,
35 MINS

Hatfield Forest is more than a medieval Royal hunting ground with ancient oaks and hornbeams with a Georgian lake and Shell House. It is also home to a vast array of wildlife, a range of special trees and archaeological remains from its 1,000-year history.

 www.nationaltrust.org.uk – search ‘Hatfield Forest’

**31** OLIVER
CROMWELL'S
HOUSE, 40 MINS

Visit the former Lord Protector's family home and experience what domestic life would have been like in the 17th century. The house now boasts a completely revamped Civil War Exhibition with impressive interactive displays and interpretations.

 www.olivercromwellshouse.co.uk

32 ELY,
40 MINS

A peaceful small town, which began life as an island isolated by the fens and famed for the eels that swam in the waters surrounding it. Explore the Norman cathedral, ancient buildings, medieval gateways and Cathedral Close. Stroll along the riverside or visit the tearooms, independent boutiques and antique shops nestled in the narrow streets.





33 HOUGHTON MILL & WATERCLOSE MEADOWS, 40 MINS

NATIONAL TRUST

Experience the sound and atmosphere of a traditional 18th century working mill, have a go at making flour, or lose yourself in the tranquillity of the riverside setting.

www.nationaltrust.org.uk - search 'Houghton Mill'

34 GRAFHAM WATER, 40 MINS

England's third largest reservoir can be found nestled in 1,500 acres of beautiful countryside and has been designated as a Site of Special Scientific Interest for over 30 years. Home to ancient woodlands, reed beds, birds and amphibians.

www.anglianwaterparks.co.uk/grafham-water



35 ICKWORTH, 40 MINS

NATIONAL TRUST

Discover formal gardens, pleasure grounds and woodlands spanning over 1,800 acres. The Rotunda forms the centrepiece of the Ickworth estate and was built as an 18th century palace to showcase the many treasures and art collected by the Earl Bishop.

www.nationaltrust.org.uk - search 'Ickworth'



36 BURY ST EDMUNDS, 45 MINS

Known as Suffolk's foodie town, it has everything from award-winning fine dining to quality home-cooked pub food. For beer lovers, Greene King has been brewing beer in the town for more than 200 years. Take time to explore the beautiful Abbey Gardens, browse the fantastic mix of independent and high street shops, and enjoy the eclectic arts scene.

37 HAMERTON ZOO PARK, 45 MINS

Playing a vital role in animal conservation since 1990, Hamerton Zoo is home to a collection of rare and endangered animals and birds set in over 20 acres of parkland.

www.hamertonzoo.org.uk



38 HENRY MOORE STUDIOS & GARDENS, 45 MINS

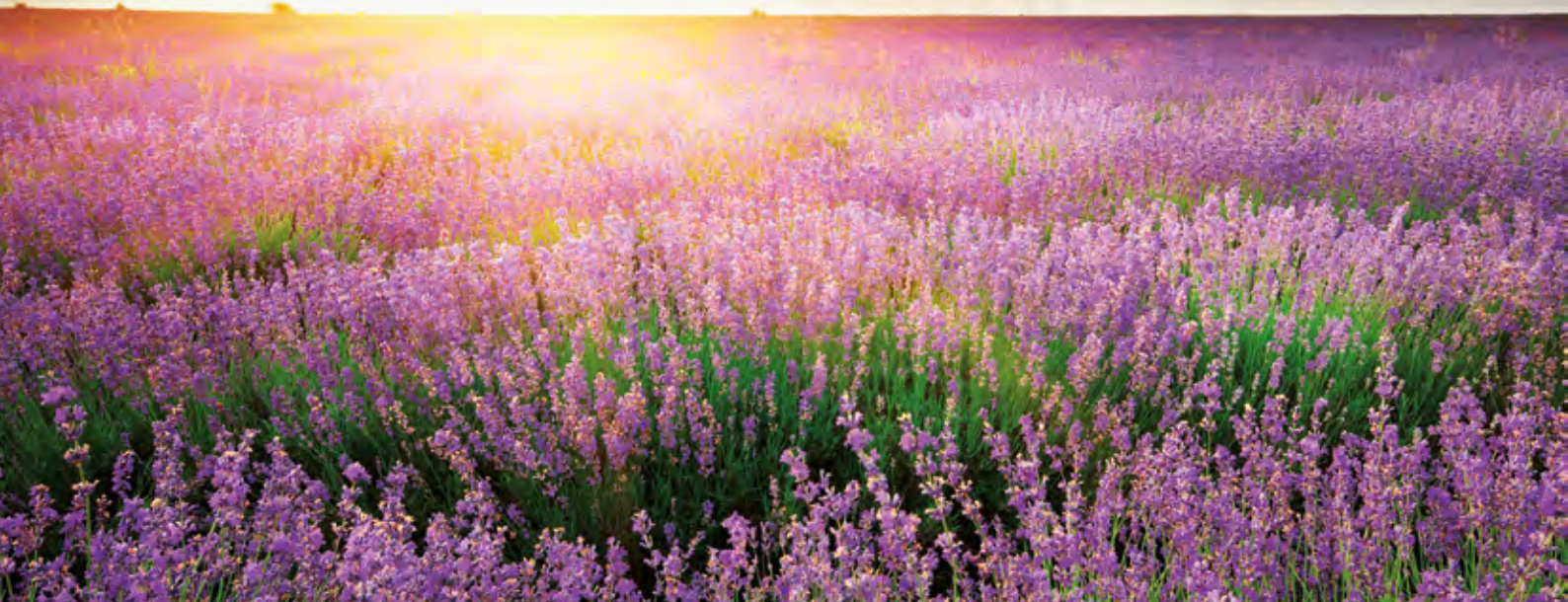
Experience Henry Moore's iconic work in the beautiful Hertfordshire countryside with a visit to the artist's former home, studios and sculpture gardens.

www.henry-moore.org

39 HITCHIN LAVENDER, 50 MINS

A family-run farm with a 30-acre blanket of lavender that paints the hillside a vivid purple every summer. Wander through the picture-perfect field and pick some lavender to take home with you. There's also a field full of sunflowers and another scattered with wildflowers to enjoy.

 www.hitchinlavender.com



40 KNEBWORTH HOUSE, 50 MINS

Set in 250 acres of countryside, this stately home has a romantic exterior complete with turrets, domes and gargoyles, which conceals a red brick house dating from Tudor Times. Home to the Lytton family for more than 500 years, it is famous for its concerts, gardens, dinosaur trail and adventure playground.

 www.knebworthhouse.com



41 PETERBOROUGH, 55 MINS

A thriving metropolitan city with a stunning cathedral, fantastic culinary scene, lively theatre offering, and a huge array of entertainment for all ages.





NATIONAL TRUST

42 PAYCOCKE'S HOUSE AND GARDEN, 55 MINS

A 16th century Tudor merchant's house with elaborate panelled rooms and woodcarving, along with an Arts and Crafts-style cottage garden, originally built for the cloth merchant Thomas Paycocke.

www.nationaltrust.org.uk - search 'Paycocke's House and Garden'

Photo credit: ©National Trust Images/John Miller

43 BEDFORD, 55 MINS

This small, unassuming market town is home to fabulous museums, well-tended parks, a stunning riverside area, multiple sporting facilities, a burgeoning arts scene, and plenty of independent shops and restaurants to ensure everyone's needs are catered for.



44 LYVEDEN, 1 HR

NATIONAL TRUST

A Tudor summerhouse begun by Sir Thomas Tresham to symbolise his Catholic faith, Lyveden remains incomplete and virtually unaltered since work stopped on his death in 1605. Enjoy exploring tranquil moats, viewing terraces and an Elizabethan orchard.

www.nationaltrust.org.uk - search 'Lyveden'



45 STANWICK LAKES, 1 HR

A unique 750-acre nature reserve and countryside attraction located in the heart of Northamptonshire's Nene Valley. Discover extensive and imaginative play areas, open spaces and paths that can all be explored at your leisure.

 www.stanwicklakes.org.uk



46 MARKSHALL ESTATE, 1 HR

Extending over 2,350 acres the estate includes broadleaved woodlands, a world-class Arboretum showcasing a collection of rare trees from across the globe, a family play area, relaxing lakes, a Walled Garden and much more.

 www.markshall.org.uk



47 CHELMSFORD, 1 HR

This compact city is known as the birthplace of radio, thanks to its connection with Guglielmo Marconi who opened the world's first wireless factory here in 1899. With a spectacular events programme, three shopping centres and no shortage of restaurants, bars and pubs, there's something for everyone.

48 LAVENHAM, 1 HR


Considered to be Britain's best preserved medieval village and one of Suffolk's most important wool towns and is famous for its Lavenham Blue broadcloth. With timber framed buildings lining the narrow streets and lanes leading up to the impressive market place, there's a rich history to discover at every turn.



WITHIN 2 HOURS

49 BURGHLEY HOUSE, 1 HR 5 MINS

The legacy of William Cecil, this grand 16th century house is surrounded by tranquil deer parkland created by 'Capability' Brown. Discover sculptures, seasonal colour and hidden trails in the Sculpture Garden, then step into a world of astrology, astronomy and Elizabethan trickery in the Garden of Surprises. Spend time in the beautiful town of Stamford while there.

 www.burghley.co.uk



50 WOBURN SAFARI PARK, 1 HR 5 MINS

Experience the amazing wildlife of Africa at this drive-through safari, where your journey will take you just a windscreen width away from a huge number of endangered and exotic animals, including rhinos, elephants, lions, monkeys, bears, tigers, zebra and giraffe.

 www.woburnsafari.co.uk



51 HARROLD ODELL COUNTRY PARK, 1 HR 10 MINS

144 acres of award-winning green space which includes a nature reserve, two picturesque lakes, river meadows alongside the River Great Ouse, and a range of managed habitats.

 www.hocp.co.uk



52 RHS GARDEN HYDE HALL, 1 HR 10 MINS

365 acres of peace and tranquillity, encompassing a diverse mix of garden styles. Highlights include the Dry Garden, Hilltop Garden, Global Growth Vegetable Garden, and a Winter Garden.

 www.rhs.org.uk – search 'Hyde Hall'



53 BLETCHLEY PARK, 1 HR 10 MINS

Once the top-secret home of the World War Two Codebreakers, Bletchley Park is now a vibrant heritage attraction where you can experience the stories and achievements of the men and women that worked here.

 www.bletchleypark.org.uk




54 COLCHESTER, 1 HR 10 MINS

Having once been Britain's first city and the former capital of Roman Britain, Colchester has a lot of history. Explore the many attractions and fantastic places to eat, drink and shop.

55 HARRY POTTER STUDIO TOUR, 1 HR 15 MINS

A must for any Harry Potter fan young and old. Experience the magic of the Wizarding World – explore iconic sets and discover what it took to bring the Harry Potter films to life.

 www.wbstudiotour.co.uk



56 NORTHAMPTON, 1 HR 20 MINS

A bustling city famous for its boot and shoe industry. Its impressive history and cultural scene, along with an amazing retail and restaurant offering, means there's something for everyone. Don't forget to visit 78 Derngate, the only house in England designed by Charles Rennie Mackintosh.




57 NORWICH, 1 HR 25 MINS

A historic city where you can explore cosy pubs, independent shops and iconic buildings. Discover well-known landmarks, such as the Norman Cathedral with its 315-foot spire; Norwich Castle which was founded for William the Conqueror after he invaded England in 1066; and Elm Hill which is one of the most complete medieval streets in the UK.

58 FRAMLINGHAM CASTLE, 1 HR 25 MINS

ENGLISH
HERITAGE

Surrounded by parkland and a picturesque lake, the castle was once a stronghold of the powerful earls and dukes of Norfolk. Enjoy the spectacular wall walk to admire the stunning views, and uncover stories of ambitious barons, a Tudor queen and Georgian poorhouse children in the interactive exhibition.

 www.english-heritage.org.uk - search 'Framlingham Castle'



59 SANDRINGHAM ESTATE, 1 HR 30 MINS

The private country retreat to Their Majesties The King Charles III and The Queen Consort. The house was built by King Edward VII and Queen Alexandra and is surrounded by glorious gardens, along with an extensive Royal Parkland with children's play area and courtyard facilities.

 www.sandringhamestate.co.uk



60 THE BROADS NATIONAL PARK, 1 HR 30 MINS

Enjoy over 125 miles of navigable lock-free waterways set in beautiful countryside and studded with charming and picturesque towns and villages.

 www.visitthebroads.co.uk




61 CENTRAL LONDON, 1 HR 30 MINS

Get the train from Shelford to Liverpool Street and explore the delights that London has to offer for the day.




62 BUCKINGHAM PALACE, 1 HR 30 MINS

A working royal palace that's the focus of royal celebrations and the backdrop to the regular Changing the Guard ceremony. The magnificent State Rooms are open to explore each summer (July-October).

 www.rct.uk - search 'Buckingham Palace'

63 LEEDS CASTLE, 1 HR 30 MINS

Rising majestically from the still waters of its moat, surrounded by 500 acres of parkland and gardens, Leeds Castle is without a doubt one of the most beautiful venues in Kent.

 www.leeds-castle.com



64 HOMEWOOD GROVE, 1 HR 40 MINS

Rangeford's stunning retirement village in Chertsey, Surrey.



65 HOLKHAM HALL, 1 HR 45 MINS

The stunning coastal landscape, stately home, rolling parkland and a host of attractions and events make Holkham a wonderful place to visit.

 www.holkham.co.uk



66 LEICESTER, 1 HR 45 MINS


A modern city, rich in arts, culture, sports and heritage. It's home to some superb venues, including Curve theatre and the National Space Centre. There's plenty of fashionable shops at Highcross Leicester, or you can visit the 800-year-old Market and the boutiques of The Lanes.



67 WINDSOR CASTLE, 1 HR 45 MINS

NATIONAL
TRUST


The oldest and largest occupied castle in the world Founded by William the Conqueror in the 11th century, it has since been the home of 39 monarchs.

 www.rct.uk - search 'Windsor Castle'



68 WADDES DON MANOR, 1 HR 50 MINS

A French Renaissance-style chateau built in the 1870s by Baron Ferdinand de Rothschild to entertain his guests. It houses one of the finest collections of French 18th century decorative arts and British portraiture. Set in 5,000 acres of rolling parkland, Waddesdon has one of the finest examples of a late Victorian garden in Britain.

 www.waddesdon.org.uk



69 ROYAL BOTANIC GARDENS KEW, 1 HR 50 MINS

Delve into a rainforest, stroll a soaring walkway amidst tree canopies and explore the world's largest Victorian glasshouse. A UNESCO World Heritage Site, Kew Gardens has the world's largest and most diverse botanical collections under its care.

 www.kew.org

70 LEGOLAND WINDSOR RESORT, 1 HR 50 MINS

A fantastic place to take Lego-mad grandchildren with rides, live entertainment and immersive themed worlds.

 www.legoland.co.uk



RANGEFORD VILLAGES

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